

Enjoy our mountains safely

DURING HIKING...



112

In case of emergency and even if you have no network



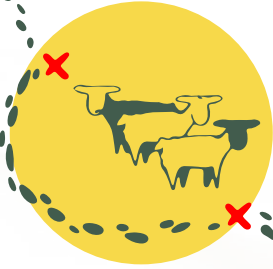
Do not overestimate your abilities. Adapt your hiking route.



Keep your dog on a leash to not disturb wild or domestic animals.



Inform someone of your hiking route and time of departure/arrival. Avoid going alone.



Widely skirt the herds.



Adapt your equipment and watch the weather.



If a guard dog comes towards you, stay calm, talk to the dog and turn around without running.



Avoid going alone and stay together



Stay on the marked paths

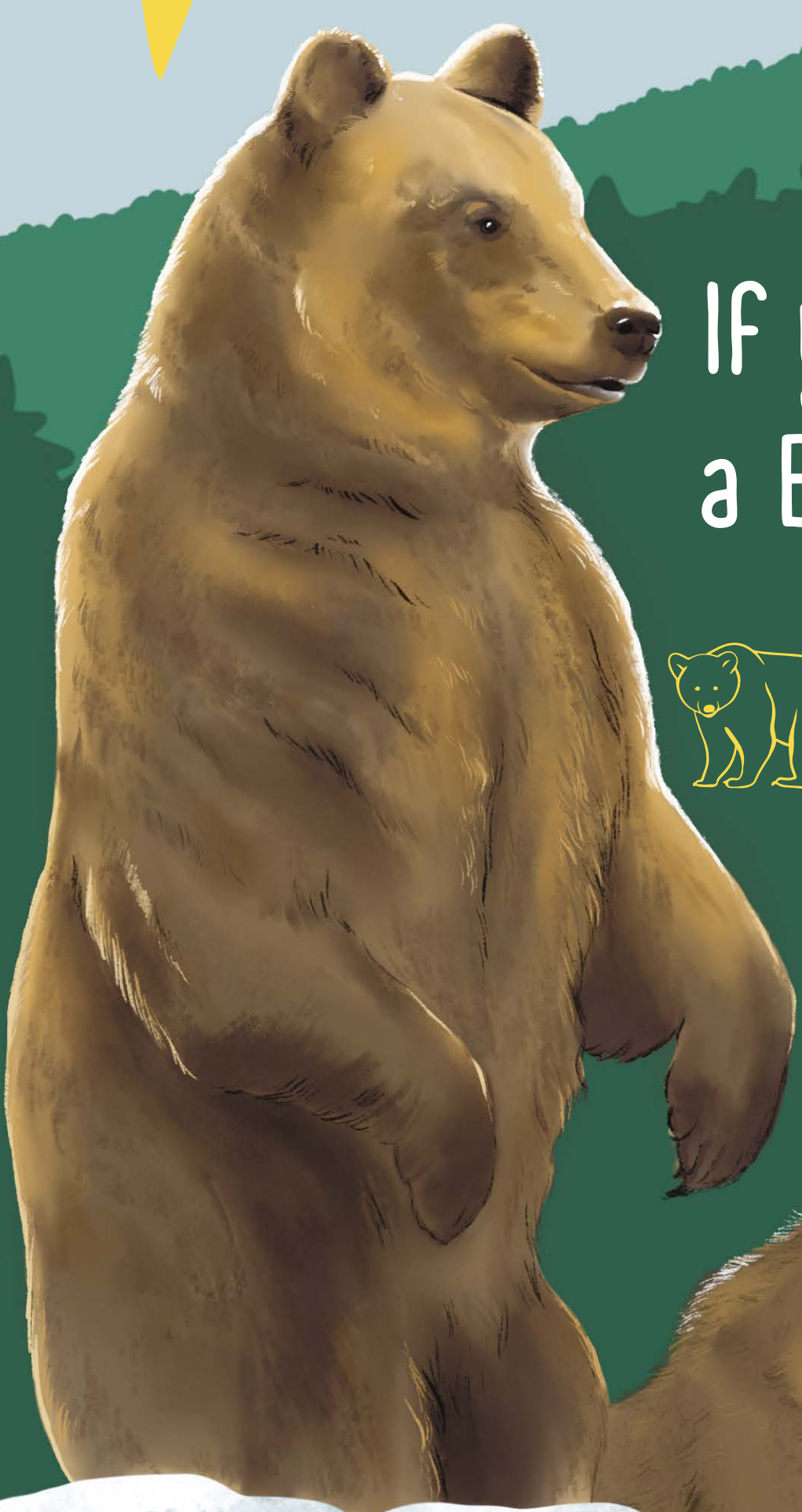


The bear may stand up on its hind legs but this is not a sign of aggression. He tries to identify you by his sense of smell. He also has good hearing, but poor eyesight. If he detects your presence he will try to avoid you.



Never follow bear tracks. Never try to approach a bear.

If you encounter a BEAR ...



Show up calmly by talking and moving. Avoid sudden movements.



Go away gradually, **WITHOUT RUNNING**, from the route it might take in its escape.

... or BEAR CUB



Try to locate the mother not to be between her and her cub. Manifest yourself.



Do not approach. Turn around immediately **WITHOUT RUNNING**.

In general, any wild or domestic animal is afraid of humans. However, their physical strength can make them dangerous. In rare cases, brown bear may exhibit defensive behavior (growling, intimidating charges).

Some instructions should be known:



Your testimonials are valuable! Please contact the BEAR team: stgaudens@ofb.gouv.fr 05 62 00 81 08

To find out where bears are present, go to the website: professionnels.ofb.fr/fr/reseau-ours-brun

PRÉFET DE LA RÉGION OCCITANIE

Liberté
Égalité
Fraternité